



WRDATF Training Calendar 2017

Drug and Alcohol Training in the Western Region

February and March Training only



WRDATF Mission Statement

To work in partnership with statutory, voluntary and community sectors to significantly reduce the harm caused by substance misuse through a concerted focus on: Supply Reduction, Education, Prevention, Treatment, Rehabilitation and Research



February & March Training Calendar:

Month	Dates	Training Course	Location	Places	Page
February	2 nd	SAOR: Screen and Brief Intervention	Ballina	16	
	9 th	Harm Reduction & Current Issues	Galway	16	
	9 th	SAOR: Screen and Brief Intervention	Roscommon	16	
	16 th	New & Emerging Drugs	Roscommon	16	
	23 rd	SAOR: Screen & brief Intervention	Galway	16	
	28 th	Motivational Interviewing 1 (Day 1)	Castlebar	16	
March	1 st	Motivational Interviewing 1 (Day 2)	Castlebar	16	
	1 st + 2 nd	Child to Parent Violence (CPV) & Non Violence Resistance Training (NVR)	Galway	20	
	14 th + 15 th	Motivational Interviewing 1	Roscommon	16	
	28 th + 29 th	Solution Focused Brief Therapy 1	Galway	16	

All training is provided free of charge.

For all training queries please contact the WRDTF at training@wrdf.ie or 091 480044

Booking forms must be submitted in order to secure a place on a course.

Online booking will be available from March 2017

Title:	SAOR©: Screening and Brief Interventions for Alcohol Use	
Course Duration: 1 day		
Who should attend? Staff who have occasion to ask people about their alcohol use. This could include workers from social care, family support, employment support, vocational training, criminal justice, probation, education, housing support and general health care services.	Dates & Venues: February 2nd in Ballina, Co. Mayo February 9th in Roscommon February 23rd in Galway City	
Number of Places Available: 15	Trainer: WRDATF SAOR Trainers	
Course Description: A brief intervention for alcohol use is a short, helpful conversation that focuses on assessing, and if necessary, assists a person to consider and alter their alcohol consumption. Brief interventions have shown to be effective in initiating change in alcohol consumption for people with mild to moderate alcohol-related problems and in helping people with more significant difficulties to access specialised alcohol treatment services. The SAOR Model has been adopted by the HSE as the model-of-choice for delivering brief interventions for alcohol use.		
Course Content: The key course content which emerges from the course learning outcomes is outlined below: <ul style="list-style-type: none"> ▪ Evidence for the effectiveness of SBI ▪ Alcohol and drug-related presentations to health and social care settings ▪ Contemporary models of SBI for problem alcohol and drug use ▪ Overview of the SAOR model of intervention for problem alcohol and drug use ▪ Establishing a supportive working relationship with the service users ▪ Asking about alcohol and drug use and screening for alcohol and drug-related problems ▪ Delivering a structured brief intervention based upon the SAOR model ▪ Developing appropriate care pathways for service users and arranging appropriate follow up ▪ Accessing useful links and reference materials for further reading and research 		
Learning Outcomes: On completion of this course, participants should be able to: <ul style="list-style-type: none"> ▪ Critically discuss problem alcohol and drug use as it impacts their current work or area of practice ▪ Demonstrate an enhanced knowledge and awareness of contemporary models of screening and brief intervention for problem alcohol and drug use ▪ Identify problem alcohol and drug users who present to health and social care settings ▪ Utilise the SAOR model of Screening & Brief Intervention (SBI) in practice based scenarios ▪ Discuss the application of the SAOR model of screening and brief intervention for problem alcohol and drug use into their practice 		
Trainer Profile: Brendan Murphy is an accredited counsellor, supervisor and trainer in a number of evidence-based therapies. He works as the Regional Training Officer for the HSE West Drugs Service and has been using and training others in the use of SAOR since 2010. Following training as a trainer with the originators of the SAOR model James O'Shea and Paul Goff, Brendan completed an MA degree on brief interventions based on the use of the SAOR model in community settings.		
How to book: Complete the general booking form on page 10 (stating the name and date of the course) and return to: Training. WRDATF, Unit 6, Galway Technology Park, Parkmore, Galway or email: training@wrdatf.ie		
Certification/Accreditation: A Certificate of Attendance will be awarded on completion of the training		

Title:	Harm Reduction & Current Issues		
Course Duration: 3 Hours			
Who should attend?		Date and Venue:	
Those interested in learning more about Harm Reduction principles and the utilisation of such approaches.		10am-1pm February 9 th , Ozanam House, Galway	
Number of Places Available: 15		Trainer: Neil Wilson	
Course Description:			
This three-hour seminar provides an introduction to harm reduction for all groups, organisations, companies or clubs whether established as a specific substance use service or not.			
The seminar will be useful to any groups, organisations, companies or clubs who: <ul style="list-style-type: none"> ▪ Want to develop approaches based on harm reduction principles ▪ Would like to review their existing approach to utilising harm reduction principles 			
Course Content:			
The seminar aims to provide you and your organisation with; <ul style="list-style-type: none"> ▪ An understanding of the importance of harm reduction within any service provision ▪ An understanding of the issues involved in utilising harm reduction approaches ▪ An increased knowledge of current and proposed initiatives based upon harm reduction principles 			
Learning Outcomes:			
This seminar will equip those attending with the necessary background to further develop services based on harm reduction principles that are appropriate to their setting.			
For further information on this course contact Neil Wilson at 091 566266 or email; neil@aidswest.ie			
Trainer Profile:			
Neil Wilson , Education Support Worker employed by AIDS West, a post funded by the Western Region Drug and Alcohol Task Force. Neil provides education and training to groups and agencies in Galway City and County. Neil also delivers holistic drug and alcohol education/prevention programmes to parents, professionals, organisation, young people, ethnic minorities, at-risk groups and communities where a need has been identified.			
How to book:			
Complete the general booking form on page 10 (stating the name and date of the course) and return to: Training. WRDATF, Unit 6, Galway Technology Park, Parkmore, Galway or email: training@wrdatf.ie			
Certification/Accreditation:			
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Title:	New and Emerging Drugs	
Course Duration: Half Day		
Who should attend?	Date and Venue:	
Professional training targeted at An Garda Síochána, Drug Services, Social Work, WRDATF Staff, Jigsaw staff, Medical staff or anyone already working in the drug area.	2 to 5pm February 16 th , Vita House, Roscommon Town	
Number of Places Available: 25	Trainer: Neil Wilson	
Course Description:		
The course looks at new and emerging drugs and drug use on a local, national and international basis.		
Course Content:		
<ul style="list-style-type: none"> ▪ Emerging trends of use with ‘traditional drugs’ (e.g. Cannabis and Ecstasy) ▪ Newly established drugs (e.g. Mephedrone, MXE, and GBL) ▪ Current information on ‘Headshop’ products sourced from the internet or abroad ▪ Future possible trends in drug use 		
Learning Outcomes:		
<ul style="list-style-type: none"> ▪ Knowledge of new trends within existing ‘traditional’ drug categories ▪ Knowledge of new and emerging drugs & the psychonaut movement ▪ Understanding of reasons behind the changing market for substances (legal & illegal) ▪ Understanding of the likely future direction of substance use in the Irish context 		
Trainer Profile:		
<p>Neil Wilson, Education Support Worker employed by AIDS West, a post funded by the Western Region Drug and Alcohol Task Force. Neil provides education and training to groups and agencies in Galway City and County. Neil also delivers holistic drug and alcohol education/prevention programmes to parents, professionals, organisation, young people, ethnic minorities, at-risk groups and communities where a need has been identified.</p>		
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Certification/Accreditation:		
A Certificate of Attendance will be awarded on completion of the training		

Title:	Motivational Interviewing 1	
Course Duration: 2 days		
Who should attend? Staff who work with service users who may need to make some changes to reduce the frequency or intensity of problems in their lives. This could include workers from social care, family support, employment support, vocational training, criminal justice, probation, education, housing support and general health care services.	Dates & Venues: February 28 th and March 1 st , Castlebar March 14 th and 15 th , Roscommon	
Number of Places Available: 15	Trainer: Brendan Murphy	
Course Description: Motivational Interviewing (MI) is evidence-based psychological treatment that aims to help people increase their motivation to change.		
Course Content: This short course will be based upon the recent developments in MI and follow the Engaging, Focusing, Evoking & Planning format developed by Miller & Rollnick in their recent book <i>Motivational Interviewing, Helping People Change</i> (3 rd Ed). Participants will be exposed to the fundamental spirit and skills of MI and will have an opportunity to observe, discuss and practice a range of MI skills. Participants will also have the opportunity to discover ways to apply MI within their own work context.		
Learning Outcomes: <ul style="list-style-type: none"> ▪ To have some understanding of the theory of MI ▪ To have some understanding of the skills of MI ▪ To have experience practicing the skills of MI ▪ To have some ideas on how MI could be used in their work with service users 		
Trainer Profile: Brendan Murphy is an accredited counsellor, supervisor and trainer in a number of evidence-based therapies. He works as the Regional Training Officer for the HSE West Drugs Service and has been using and training others in the use of MI since 1993. Brendan has undertaken and completed a range of advanced trainings in MI including training as a trainer with the founders of MI, Professors William Miller and Stephen Rollnick.		
How to book: Complete the general booking form on page 10 (stating the name and date of the course) and return to: Training. WRDATF, Unit 6, Galway Technology Park, Parkmore, Galway or email: training@wrdtf.ie		
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Title:	Child to Parent Violence	
Course Duration: 2 day		
Who should attend? Community workers /Family workers Youth workers / Key workers Other professionals including GPs, Guards, Mental Health workers, CAMHS, Child care and protection workers		Date & Venue: 1st & 2nd March, Galway
Number of Places Available: 20		Trainer: : Eileen Lauster, MSW
Course Description: The aim of this 2-day training is to share learning from an action research project and practitioners on an under-researched and under-reported form of violence and abuse in family systems called Child to Parent Violence- the use of violence by children and young people at home towards parents.		
Course Content: Attendees will be introduced to the NVR programme as adapted in Ireland. This programme is evidence based, innovative and a short-term intervention that that can be used with existing family services. It responds to the needs of parents in embattled systems while protecting children and responding to needs to agencies to assist and support families presenting with this form of family violence. The programme also does not exclude families that may be experiencing child protection, drug/addiction or mental health issues of either the parent or child. Day One Topics: What is CPV, What is NVR, Research on both, Practitioner skills needed for CPV and NVR implementation. Day Two Topics: Avoiding escalations, Details of the NVR programme implementation, impacts on practice. We use role plays and small group discussion to practice concepts on both days. Attendees will be sent a PDF version of the NVR Handbook before the training and a copy of the slides after the training.		
Learning Outcomes: This training has been researched and shown to increase practitioner self-efficacy and knowledge of CPV and the NVR intervention.		
Trainer Profile: Eileen Lauster is a private practitioner and trainer in CPV and NVR. She was the Research Asistant for the EU action grant Responding to Child to Parent Violence Project in Ireland. She was awarded a Masters in Social Work, concentration in Administration and Community Organisation, from Wayne State University in Detroit, Michigan before practising as a social worker in child protection and welfare in the United States and in adult mental health services in Ireland.		
How to book: Complete the general booking form on page 10 (stating the name and date of the course) and return to: Training. WRDATF, Unit 6, Galway Technology Park, Parkmore, Galway or email: training@wrdatf.ie		
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Title:		Solution Focused Brief Intervention Therapy 1	
Course Duration: 2 days			
Who should attend? Staff who work with service users who may need to make some changes to reduce the frequency or intensity of problems in their lives. This could include workers from social care, family support, employment support, vocational training, criminal justice, probation, education, housing support and general health care services.		Date & Venue: March 28 th and 29 th , Galway	
Number of Places Available: 15		Trainer:	
Course Description: Solution Focused Brief Therapy (SFBT) is a short-term goal-focused psychotherapy that helps clients change by creating solutions to their difficulties rather than dwelling on the cause of their problems. SFBT was developed by Steve de Shazer and Insoo Kim Berg. This short course will allow participants to consider how the SFBT approach could be used with their service users and will provide an opportunity to observe, discuss and practice a range of SFBT skills.			
Course Content: Over the two days the participants will be exposed to the history, background theory and current practice of SFBT. Participants will become familiar with both the rationale and the skills necessary to conduct an interview with clients in an SFBT fashion. The techniques will include; <ul style="list-style-type: none"> ▪ Exception Finding Questions ▪ Scaling Questions ▪ The Miracle Question ▪ Giving Appropriate Compliments ▪ How to set goals ▪ How to find ‘What’s Better’ In addition to the skills of SFBT, participants will also be exposed to the workable theories behind the model that include <ul style="list-style-type: none"> ▪ Positive blame ▪ The inevitability of change How small changes are sometimes all that’s necessary			
Learning Outcomes: <ul style="list-style-type: none"> ▪ To broaden participants understanding of the theory of SFBT. ▪ To realise when it is appropriate to use SFBT with clients. ▪ To equip participants with the confidence to try the SFBT approach with their clients. ▪ To experience the SFBT model in practice through the use of role play. 			
Trainer Profile: Brendan Murphy is an accredited counsellor, supervisor and trainer in a number of evidence-based therapies. He works as the Regional Training Officer for the HSE West Drugs Service and has been using and training others in the use of SFBT since 1996. Brendan has undertaken and completed a range of advanced SFBT trainings including training with one of the founders of SFBT, Steve de Shazer			
How to book: Complete the general booking form on page 10 (stating the name and date of the course) and return to: Training. WRDATF, Unit 6, Galway Technology Park, Parkmore, Galway or email: training@wrdatf.ie			
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2017 General Training Booking Form

Name of Course	
Date of Course	
Applicant Details	
Name:	
Position Held:	
Phone No:	
Email:	
Organisation Details	
Name of Organisation:	
Organisation details:	
Profile of your target group:	
Address:	
Training Application	
Have you previously completed any drug/alcohol training? Please give details	
What do you hope to learn from this training?	
Any other comment	
Please return booking form to: Training. WRDATF, Unit 6, Galway Technology Park, Parkmore, Galway or email: training@wrdatf.ie	

Specifically Tailored Training Request 2017

Organisation/Group Details

Name of Organisation:	
Services provided by your organisation:	
Profile of Target Group:	
Address:	
Phone No:	
Email:	
Contact Person:	

Training Request Information

Target Group/audience:	
Size of group:	
Details of training requirements:	
Desired learning outcomes:	
Any specific learning requirements:	
When would you like this training to take place: (please specify date)	
Venue for training:	
Completed by:	Name: Position in Organisation: Date completed:
Any Other Comment/Info	

Please return booking form to:

Training. WRDATF, Unit 6, Galway Technology Park, Parkmore, Galway or email: training@wrdtf.ie

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